

## PERSONAL INFORMATION

NAME: Aspasia  
SURNAME: Panagiotou  
DEGREE: Assistant Professor in Mental Health Nursing  
LABORATORY: Integrated Health Care  
TEL. Nr/ FAX: 30-2731089728/30-2731089721  
E-MAIL: aspasi@uop.gr  
OFFICE: C11  
WORK ADDRESS: Efstathiou & Stamatikis Valiotei and Plateon Sparta 23100

## TEACHING COURSES (2018-19)

### Undergraduate Program Postgraduate Program

- Mental Health Nursing – 5<sup>o</sup> semester
- Clinical Mental Health Nursing – 7<sup>o</sup> & 8<sup>o</sup> semester
- Research methodology – Introduction to scientific text writing –7<sup>o</sup> semester (student supervision)
- Scientific text writing–8<sup>o</sup> semester (student supervision)

### Postgraduate Program

Postgraduate Program in "Management of Health Services and Crisis Management " :  
Mental Health Management of Health Professionals -3<sup>o</sup> semester

## STUDIES - ACADEMIC TITLES

### ➤ Degrees:

1986: BSc In Nursing Studies, Department of Nursing, Technological Educational Institution of Patras  
1993: BSc In Nursing, Faculty of Nursing, National and Kapodistrian University of Athens, 1

### ➤ Master Degrees

1997: MSc in Mental Health. Faculty of Nursing, National and Kapodistrian University of Athens  
2015: MSc, Health Services Management, National School of Public Health

### ➤ Doctoral Degree

2003: PhD in Mental Health and Behavioral Sciences, Faculty of Nursing, National and Kapodistrian University of Athens, 2003.

## ACADEMIC AND OCCUPATIONAL EXPERIENCE

<b>Assistant Professor in Mental Health Nursing:</b>	04.2018-today, Laboratory of Integrated Health Care, Department of Nursing, University of Peloponnese
<b>Visiting Assistant Professor (PD 407/80):</b>	02.2008 – 04.2018, Department of Nursing, University of Peloponnese
<b>Director of Nursing Services:</b>	11.2014 – 04.2018, Sismanogleio General Hospital
<b>Associate Director of Nursing Services:</b>	10.2012 – 11.2014, Sismanogleio General Hospital
<b>Director of Nursing Services:</b>	03.2005 – 05.2012, Attica's Mental Hospital for Children
<b>Head Instructor of Medical Nursing Specialty Program and Continuing Nursing Education:</b>	10.1994 – 03.2005, Sotiria General Hospital
<b>Clinical Registered Nurse:</b>	11.1986 – 09.1994, Sotiria General Hospital

## RESEARCH INTERESTS

- Mental health nursing care
- Violence in mental Health Settings
- Nursing diagnoses in Mental Health Nursing
- Psychosocial Rehabilitation
- Patient participation in nursing plans

## SELECTED PUBLICATIONS

1. Panagiotou A, Mafreda C, Moustikiadis A, Prezerakos P. (2019) Modifiable factors affecting inpatient violence in an acute child and adolescent psychiatric unit: A 16-year retrospective study. *International Journal of Mental Health Nursing*. 2019 (accepted for publication)
2. Panagiotou, A., Prezerakos, P., & Koulierakis, G. (2018). Beliefs, perceptions and behavior of university nursing students concerning sexually transmitted diseases. *Archives of Hellenic Medicine*, 35(3), 382-391.
3. Panagiotou A, Kolovos P, Grigorakou S, Prezerakos P. (2017). Investigation of the Communication Network Among Mental Health Services: The Case of a Community Mental Health Care Center in Attica. *Mental Health in Family Medicine*. 2017; 13: 459- 464
4. Panagiotou, A., Koulierakis, G., Prezerakos, P., (2016). Knowledge and Behaviours Towards Sexually Transmitted Diseases Among University Nursing Students During their Studies. *Hellenic Journal Of Nursing*, 55(4): 387–398

5. Tselebis A., Gournas G., Tzitzanidou G., Panagiotou A., Ilias I. (2006) Anxiety and Depression in Greek Nursing and Medical Personnel. *Psychological Reports*, 99: 93 – 96
6. Tselebis A., Panagiotou A., Theotoka I., Ilias I. *Nursing staff anxiety versus smoking habits*. *International Journal of Nursing Practice* 2001, 7: 221-223